PHOTO OF THE WEEK October 17, 2013

Got a nice, memorable photo you'd like to share with your fellow Los Angeles County Department of Mental Health family?

Here's your chance to submit a photo for publication in our eNews. If it's selected, we'll add it in! To get in on the photo fun:

- E-mail us an appropriate, family-friendly and tasteful picture (in jpeg form). Colorful pictures and action shots are always preferred.
- Be sure the picture is in focus and ready to be published. Not too much headroom, no red eyes or blue pictures please.
- Add the date of the recent photo, who/what is in it and where it was taken.
- Please send us only original photos taken by you.





Photo submitted by Sylvia Lo and taken at Stanley Park in Vancouver, Canada.

CAPTION CONTEST

Got a caption for this week's *Photo of the Week*? Send us your ideas, and we'll publish the winning caption for the photo in the following week's *Photo of the Week* section.

Good luck!

LAST WEEK'S PHOTO



"The Long and Winding Road..."

Caption submitted by Judy Porter Wherry.

For photo and caption submissions, please e-mail: pio@dmh.lacounty.gov